

Midwest Regional Conference *TENTATIVE SCHEDULE*

March 20 – March 23, 2025

Iowa City, Iowa

(Subject to change)

Thursday, March 20:

12:00 – 5:00 pm **CMTE A:** Clinical Improvisation for Guitar: Creating musical resources for clients and clinicians. – Peter Meyer, MA, MT-BC

12:00 – 5:00 pm **CMTE B:** Ethical Decision-Making and Reasoning in Music Therapy - Anastasia Canfield, MM, MA, LPC, NCC, MT-BC, RPT

Friday, March 21:

7:00 am – 12:00 pm: **CMTE C** 5 hours: Neurologic Strategies for Speech/Language for Individuals with Developmental and Neurodevelopmental Challenges – Angela Meier, MM, MT-BC and Julie Guy, MM, MT-BC

8:00 – 11:00 am: **CMTE 1:** An Introduction to Therapeutic Group Singing for Parkinson's Disease: Clinical Application and Inspiration – Sun Joo Lee, ABD, MM, MT-BC, NMT Fellow

8:00 – 11:00 am: **CMTE 2:** Caring for the Music Therapy Caregiver: Self-Care & Burnout Prevention Strategies - Melissa Rink, MT-BC & Anastasia Canfield, MM, MA, LPC, NCC, MT-BC, RPT

8:00 – 11:30 am - **PASSAGES**

12:30-2:00 pm – **Opening Ceremony**

2:30 -3:20 - **Concurrent Sessions**

Plan A, Plan B, Plan OMG!
– Barbara Ashton, MM, MT-BC

What We're Learning About Trauma-Informed Teaching and Supervision
– Laura Beer, Ph.D., MT-BC, and Lindsey Wilhelm, Ph.D., MT-BC

3:00 – 4:00 pm – BOARD MEETING

3:40 – 4:30 pm - **Concurrent Sessions**

Tuning in to Success: Expanding the Reach of a Music Therapy Practice

– Misty Dais, MT-BC; Beth Huff, EdD; Katie New, EdD, LMSW, RN

Applications of Music Technology in Telehealth Settings: A Beginner's Guide

– Naomi Davis, MA, MT-BC

Therapist Reflections on Implementing a Research Intervention

- Deanna Hanson-Abromeit, Ph.D., MT-BC; Amy Wilson, MA, MT-BC; Jennifer Welch, MME, MT-BC

4:45 – 5:45 pm – **Business Meeting 1**

6:00-8:30 pm – Reception at West Music

Saturday, March 22

EXHIBIT HALL 8:45 am – 6:30 pm

8:00 – 8:50 am - Concurrent Sessions

Ready, Set, Play: Music and Movement for Diverse Social Development

– Alyssa Stone, MM, MT-BC

Listen and Learn: Music Therapy for Deaf or Hard of Hearing Children

– Hae Sun Kim, Ph.D., MT-BC; Maya St. Clair; Rebecca Cohen

Safeguarding the Past and Present: Preserving Music Therapy's History

– Emily Sevcik, PhD, LCPC, MT-BC, and Lindsey Wilhelm, PhD, MT-BC

9:00 am – 10:30 am **RESEARCH POSTER SESSION**

9:00 am – 10:30 am **INTERNSHIP FAIR**

9:10 – 10:00 am - Concurrent Sessions

Exploring Hope as a Foundation for Music Therapy

– Amy Wilson, MA, MT-BC

Caring Cadences: Community Engagement through Music Therapy Informed Performances

– Meghan Ross, MA, MT-BC; Luis Enrique Infante Hernandez; Kylie Little; Renee Santos; Christina Leigh Stephenson; Kirsten Nelson, MA, MT-BC; Beth Oakes; Abbey Dvorak, PhD, MT-BC

Evaluating Music Therapy Business Success: An Examination of Resources and Education

– Sydney Winders, MA, MT-BC

10:30-11:20 am: **Concurrent Sessions**

From the Inside: Understanding Autism and Supporting Autistic People
– Amy Adams, MM, MT-BC

Hearing Preservation Principles and Practices for Music Therapists: Risks and Preservation Strategies

– Hae Sun Kim, Ph.D., MT-BC; Kate Gfeller, Ph.D.

Burnout: Successful Strategies From a Seasoned Clinician
– Maggie Rodgers, MT-BC

12:00 pm – 2:00 PM **LUNCH AT HILTON GARDEN INN**

2:30 – 3:20 pm **Concurrent Sessions**

Music Therapy and Military Populations: Exploring the VA Health Care System
– Alisa Kandel, MT-BC; Matthew Lloyd, MT-BC; Bailey Condon, MT-BC

From Chaos to Harmony: How Music Therapy Supports Addiction Recovery
– Lindy Welch, MT-BC

Invitation for Educators: Bridging the Gap between Education and Clinical Practice
– Kelsey Nelson, MM, MT-BC; Stephanie Johnson, MT-BC; Maggie Brown, MT-BC

2:30-3:30 pm BOARD MEETING

3:40 – 4:30 **Concurrent Sessions**

Group music-based intervention for parents and infants to support pre-linguistic language acquisition for infants living in under-resourced environments
– Deanna Hanson-Abromeit, Ph.D., MT-BC; Amy Smith, Ph.D., MT-BC; Brenda Salley, Ph.D.

I Can't Hear You! Improving Clear Speech and Music Accessibility in Sessions
– Lindsey Wilhelm, Ph.D., MT-BC

Music Therapy to Promote Empowerment with Women in Addiction Recovery
– Natalie Wlodarczyk, Ph.D., MT-BC

4:45 – 5:45 pm **Business Meeting 2**

Sunday, March 23:

8:00 – 8:50 am – **Concurrent Sessions**

“Something Changed in the Room” a Short Film about Music Therapy
– Hilary Camino, MS, MT-BC

Fostering Sanctuary in Music Therapy Practice and Clinical Supervision
– Kailey Campbell, MA, MT-BC, MAADC II

Defying Gravity: Student Supervision Supporting Growth from Classroom to Clinical Spaces
– Kirsten Nelson, MA, MT-BC, and Katey Kooi, MT-BC

9:10-10:00 am - **Concurrent Sessions**

Supervising Undergraduate Students in Emotionally Chaotic Times
– Barbara Ashton, MM, MT-BC

Making A Difference While Documenting to Decline: Data Tracking in Hospice
– Laura Fehr, MT-BC

Non-compliance, communication, or autonomy? Strategies for empowering multiple client populations
– Annie Roberson, MT-BC, and Madison Robinson, MT-BC

10:20 – 11:10 am - **Concurrent Sessions**

Hospice Songs and Stories, Part Two
– Maggie Rodgers, MT-BC

Practical Application of Music Interventions in Dialectical Behavior Therapy Skills Training
–Lindsey Landeck, MT-BC; Abbey Dvorak, PhD, MT-BC

Using Electroencephalography to Evaluate Mechanisms of Music Therapy in Parkinson’s Disease
– Ryan Smith, MM, MT-BC

12:00 – 3:00 pm **CMTES**

12:00 – 3:00 pm: **CMTE 3:** Electric Guitar Workshop: Maximizing Technique and Equipment for Therapeutic Spaces – Luke Sanders, MM

CMTE 4 : This is Your Brain on Music: The Neuroscience of Self-Regulation – Alyssa Stone, MM, MT-BC, CYT 500

CMTE 5: Composing with Technology: Clinical and Educational Applications of Digital Audio Workstations – Naomi Davis, MA, MT-BC and David Haas, Ph.D.

CMTE 6: Trauma-Informed Music Therapy: Recognizing and Responding to Trauma in Practice – Laura Beer, Ph.D., MT-BC